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Helping Students Think About Their Study Habits

Demonstration of The Activity



- Take a piece of paper
- Please write down your current study strategies
- Underneath this please write one or two strategies you think are “good study strategies” (regardless of if these are ones you use or not)

Activity:



- Take out a piece of paper
- I'm going to ask you to generate a list of 20 words based on cues that I give you and ask you to write down the 1st, 2nd, or 3rd word that comes to your mind
- For example, if I say “vegetable, the second” you should write down the second vegetable that comes to your mind

Activity



- Now is a good time to spend some time going over some other material
- e.g. going over the syllabus if you are doing this activity in the first class
- Here, we will talk a little bit about *Think-Pair-Share* and Stephen Chew's *Strategies to Study Effectively*

Think-Pair-Share Activities



- Think: You will be given a minute or two to reflect on something that we just watched/discussed/read
- Pair: You will get with a partner(s) to discuss your thoughts, questions, comments, and critiques
- Share: We will regroup and have a large class discussion

Study Strategies for College



Think-Pair-Share



“How to Get the Most out of Studying”

Stephen Chew, Ph.D., Samford University

- [1: Beliefs that make you fail...or succeed](#)
- [2: What students should know about how people learn](#)
- [3: Cognitive principles for optimizing learning](#)
- [4: Putting principles of learning into practice](#)
- [5: I blew the exam, now what?](#)



Back to our word generation game...

- Now take out a blank piece of paper and write down as many of the words from your original list as you can recall (No cheating! Don't peek back at your original list)
- How well did you do?
- Now I'm going to give you the cues again and let's see if you are better at remembering your original list
- How well did you do this time?
- What does this mean in terms of learning?